

GENERAL INFORMATION

Your practitioner has advised you to complete one or more of the following tests:



- DNA Health Profile
- DNA Diet Profile
- DNA Sport Profile
- DNA Oestrogen Profile
- DNA Mind Profile
- DNA Skin Profile



- mygeneRx

Further information and FAQs on the collection process can be found at RNLabs.com.au under the Patient Resources section.



CONTACT US

DNA Test Instructions



1800 110 158



18/93 Rivergate Place,
Murarrie QLD 4172



support@RNLabs.com.au

Contents

- Requisition Form
- 1x Sterile Cotton FLOQswab
- 1x Zip Lock Specimen Bag
- 1x Specimen Collection Cup
- 1x Cardboard Shipping Box
(please retain for returning sample)
- 1x Express Post Satchel

RN LABS CAN NOT, UNDER ANY CIRCUMSTANCES, OFFER HEALTH ADVICE TO PATIENTS. SHOULD YOU REQUIRE FURTHER SUPPORT, PLEASE CONTACT YOUR HEALTHCARE PRACTITIONER.

PREPARATION

PLEASE READ ALL INSTRUCTIONS
IN FULL BEFORE BEGINNING TEST

- ✓ Verify you have all the kit contents
- ✓ Wash and dry your hands
- ✓ Collect in the morning
- ✗ DO NOT - Brush your teeth, eat or drink anything before collection



1 COMPLETE REQUISITION FORM

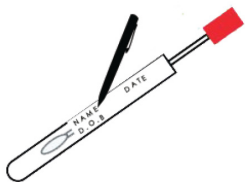
Print clearly and complete ALL fields on the form. Failure to do so will result in delay and/or sample rejection.

Unclear handwriting will result in incorrect name on test report.

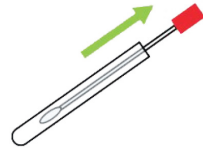
2 LABEL PLASTIC COLLECTION TUBE

Print clearly to match the requisition form:

- Name
- Date of Collection
- Date of Birth

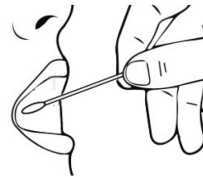


COLLECTION



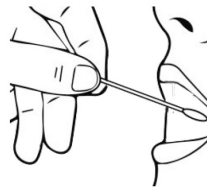
3 UNCAP THE PLASTIC TUBE

Remove the cap as indicated on the perforated line and take out cotton swab.



4 SWAB THE INSIDE OF THE LEFT CHEEK

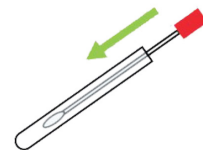
Press the cotton swab against the inside of the LEFT cheek and scrape up and down for about 30 seconds. You should press firmly enough that it is mildly uncomfortable.



5 REPEAT PROCESS FOR THE RIGHT CHEEK

6 CAREFULLY RETURN COTTON SWAB TO PLASTIC TUBE

Firmly close the lid and place tube inside zip lock bag. Ensure bag is completely sealed.

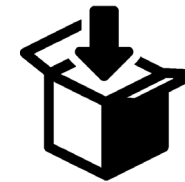


READY FOR MAILING



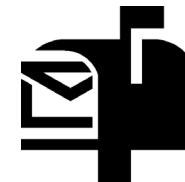
7 ENSURE ALL PAPERWORK IS FILLED OUT CORRECTLY

Ensure the requisition form and the sample tube are labelled clearly and all details are correct.



8 PACK REQUISITION FORM AND SEALED ZIP LOCK BAG WITH SPECIMEN INTO BOX

Use the cardboard box that your sample arrived in.



9 PLACE BOX INSIDE EXPRESS POST SATCHEL

Fill out your details on the back of the satchel and sign the FRONT. Post the sample immediately to RN LABS - Refer to the instructions on the post satchel for more information.

AVOID THE SAMPLE BEING REJECTED

*Sample rejection incurs a \$50 recollection fee

- ✗ Sample is not send immediately after collection
- ✗ Requisition form and / or sample tube are not clearly labelled
- ✗ The patient's name and date of birth are NOT identical in the requisition form and the sample form.